Fostering an Inclusive and Respectful Campus Culture

One goal of the course is to encourage inclusiveness and respect of a diverse range of sexual values and beliefs. This course may be the first time students are exposed to such a wide range of viewpoints different from their own in an environment that is respectful and unbiased. Sexuality Matters aims to be one tool to facilitate a positive change in the campus culture around equality and appreciation of differences.

Methods

- 233 students enrolled in the spring 2014 semester
- 97 completed both the pre- and post-survey
- 42% response rate

Course topics include:
- Enthusiastic consent
- Bystander intervention
- Communication techniques
- Advocacy

The differences between:

- Sexual identities
- Pleasure
- Values and beliefs
- Healthy relationships

Knowledge

- Transtheoretical Model
- Social Learning Theory
- Health Belief Model

Course logic model

- RI faculty/staff
- Trained peer health educators
- Innovative learning technology
- Operational overhead
- Campus and community partners
- Volunteers
- Tuition revenue
- Time: 1-2 years

Inputs:

- Course lessons
- Quizzes
- Reflection assignments
- Accurate, unbiased information
- Train/supervise peer health educators
- Support students as they move through the change process
- Challenge students’ attitudes and dispel common myths

Outputs:

- Increase students’ knowledge
- Positively influence students’ attitudes
- Increase awareness of students’ and others’ behaviors
- Increase percentage of students who can meet the course objectives

Short-term outcomes:

- Increase students’ motivation and readiness to change
- Increase students’ confidence/self-efficacy
- Increase students’ likelihood of protective behaviors
- Result in high student satisfaction

Intermediate-term outcomes:

- Increase students’ correct and consistent use of healthy behaviors
- Increase sexual well-being
- Students positively influence their peers’ attitudes, health behaviors, and decisions

Long-term outcomes:

- Students progress/sustain healthy behavior changes
- Students lead happier and healthier sexual lives
- Foster an inclusive and respectful campus culture

Knowledge

“This course has definitely given me a lot more knowledge on being safe sexually, especially in regards to barriers and protection.”

Awareness

- Percent reporting an increase in awareness of the following as a result of the course:
  - 99% dental dams
  - 100% internal condoms
  - 92% sexual transmitted infections
  - 23% external condoms

Confidence

“Because of this course I’ve really learned about what it means to have a healthy relationship, and I’ve been spending more time trying to have healthy relationships with people. This course helped me learn that emotional abuse does exist and that it’s not okay.”

Behavior

- Percent of students reporting an increase in safer sex behaviors:
  - 66% condom/dental dam use
  - 62% STI testing
  - 61% SaVE Act

Campus Culture

“Because of this course I’ve really learned about what it means to have a healthy relationship, and I’ve been spending more time trying to have healthy relationships with people. This course helped me learn that emotional abuse does exist and that it’s not okay.”

Advocacy

- 88% of students felt confident intervening in a situation where verbal mistreatment/harassment based on gender identity or sexual orientation is occurring
- 87% of students felt confident intervening in a situation where someone is being taken advantage of sexually.